



CLERMONT HEALTH AESTHETICS

HYDROBOOSTER

Pre-Treatment Advice



Welcome and thank you for choosing Clermont Health for your Hydrobooster treatment!

Hydrobooster is a skin booster designed to improve hydration, elasticity, and overall skin quality. To ensure a safe and successful treatment, here's some important pre-treatment information:

Who May Not Be Suitable for Hydrobooster:

- Individuals prone to hypertrophic scars, pigment disorders, or keloid formation.
- Patients with a history of autoimmune disease or undergoing immune therapy.
- People with a known allergy to hyaluronic acid (the main component of Hydrobooster).
- Those who have previously received permanent fillers in the intended treatment area.
- Pregnant or breastfeeding women.
- Individuals under 18 years of age.
- People taking blood-thinning medications (e.g., Warfarin, Apixaban) or anti-platelet medications (e.g., Aspirin).
- Areas with active acne, herpes outbreaks, or other infections.
- If you plan to undergo laser therapy, chemical peels, or dermabrasion, discuss the ideal timing with your doctor in relation to your Hydrobooster treatment.

Here's How to Prepare for Your Treatment:

- **Avoid Alcohol:** Refrain from alcohol consumption for 48 hours before your appointment.
- **Manage Medications:** Avoid blood thinning medication such as Aspirin or anti-inflammatories for 48 hours before treatment, unless prescribed for a critical condition. We do not suggest stopping prescription medication without discussing first with your treating doctor.
- **Stay Hydrated:** Drink plenty of water (1.5-2 litres a day) in the 48 hours leading up to your appointment.
- **Cold Sore History:** If you have a history of cold sores, let us know to discuss potential antiviral therapy before treatment.
- **Hold Certain Skincare Products:** Avoid topical products containing tretinoin, retinols, retinoids, glycolic acid, or alpha hydroxy acids for two days before and after treatment.

Please Note:

- This information is intended as a guide. We will discuss your medical history and suitability for Hydrobooster in detail during your consultation.
- Feel free to bring a list of any questions you may have about the treatment or aftercare process.

We look forward to seeing you soon and helping you achieve your desired aesthetic results!